

5K TURKEY TROT WALK/RUN



NOVEMBER 19TH - 10 AM
HERITAGE PARK, MOUNT SINAI

Calling all youth and adults! Join NSYC & CrossFit 631 Red Woods for a fun 5K Turkey Trot at Heritage Park! Bring a canned food donation for our Thanksgiving Drive! Register using the QR code.



North Shore Youth Council

P.O. Box 1286, Rocky Point, NY 11778 - 631.744.0207 - www.nsync.com

PAID FOR BY NORTH SHORE YOUTH COUNCIL, DISTRIBUTED BY ROCKY POINT PTA

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