

ROCKY POINT WRESTLING CLINIC



THE ROCKY POINT WRESTLING CLUB AND ROCKY POINT UFSD WRESTLING PROGRAM ARE CO-SPONSORING A 10 SESSION "KID WRESTLING CLINIC" (GRADES K-8) TUESDAY AND WEDNESDAY EVENINGS (10/29, 10/30, 11/5, 11/6, 11/12, 11/13, 11/19, 11/20, 11/26, 11/27) TIME: 7:00PM TO 7:45 PM IN HS WRESTLING ROOM STARTING NEXT WEEK!

- High School Coaches Darren Goldstein, James Matias, Andrew Stock
- Various Members of the 5 X **Suffolk County Champion RP Wrestling Team**
- Sessions will be held in the High School wrestling room on the following dates:
- Wrestlers may sign up any evening throughout the clinic, 15 minutes before the session begins.
- Registered participants should be dropped off 5 minutes before each session and, as there is limited space for parents in the wrestling room, picked up at 7:50 PM no child will be allowed upstairs without an adult.
- **If there is no school for a holiday or early dismissal, no session for that evening will be held. Please see Mr. Goldstein's Eboard in case of bad weather and/or other possible cancellations.**
- In order to ensure mat integrity and thereby ensure wrestler health and safety, no street shoes permitted on the mat surface at any time.
- Upon Completion of this basic clinic, information about the advanced USA Wrestling Chartered program (EEWC) wrestling will be available to interested parties, this is a travel team with uniforms and competitions around Suffolk.
- **The cost of the clinic is 125.00** (check made out to Rocky Point Wrestling Club or cash accepted). There are family rates available.

***** Sign Ups- in person at the door – prior to the first night and every night of practice thereafter.

*******Please do not send the form and money into school*******

Student Name: _____ *Grade:* _____ *Age:* _____

Parent/ Guardian Contact #(s): H: () _____ C:() _____

Kids T-Shirt size _____

Emergency Contact : Name _____ *Number* _____

Parent Email Address: _____

Parent/Guardian Signature: _____

Depending on the level of commitment, this program may be extended several more sessions. There is an opportunity to join Eagle Elite WC and have tournaments and competitions locally, on Long Island