

North Shore Youth Council Presents:

2018 Winter Social Skills Groups!

Activities and Enrichment for Positive Social Growth!

**We offer Groups for Children ages 6-8, ages 9-11 and a
Preteen/Adolescent Group**



Groups will be held:

Mondays: 5:00PM-6:00PM, 6:15PM-7:15PM or 7:30-8:30PM

Thursdays: 5:00PM-6:00PM, 6:15-7:15PM or 7:30-8:30PM

Groups will begin January 22nd and conclude March 22nd

**We have a rolling admission policy and we accept new applicants into
the social skills program year-round!**

Group activities focus on the development of appropriate social skills in children and teens. Weekly topics will include making and keeping friends, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem and managing stress. This is an 8 week program that meets once a week. The cost is \$160, with a \$25 initial intake and processing fee for new enrollees. Payment plans available and scholarships may also be available for families who qualify.

For more information or to sign up for a group, please contact

Dana Ellis, LMHC, Licensed Mental Health Counselor

631-744-0207 or Dana@NSYC.com

****North Shore Youth Council is located on the grounds of the Joseph A. Edgar School on the Eastern North Shore of Long Island in Rocky Point, New York**